

Keystone College

Health Services

Hello! Welcome to Keystone College! The start of your college experience is an ideal time for developing a healthy lifestyle which will enable you to enjoy quality living throughout your lifetime. Good health and a positive attitude will help you to achieve the goals you are setting for yourself as you come to Keystone College. As we prepare for your arrival on campus there are a few things we need from you before you move in or start classes.

Immunization Record and Health History:

This form contains information about YOU. Health problems, allergies, medications, emergency contacts, etc. Also, this is the form where you will enter all the dates of the required vaccinations and complete the TB risk assessment. It is very important to the Health Services staff to collect documentation of all full time students' vaccination information. This is important in the event of an outbreak or if you are injured in some way. We require this for your protection and the health and wellness of the entire campus community. In accordance with the American College Health Association and the Centers for Disease Control, we have established these vaccine REQUIREMENTS:

Be sure to have a copy of your immunization record available to complete this. When you are finished, click 'submit.'

- Measles, Mumps, Rubella (MMR): two doses are required and given at 12 months of age or older and at least 28 days apart.
- Diphtheria, Acellular Pertussis, Tetanus (Tdap - Adacel, Boosterix): date of most recent booster given within the last 10 years.
- Meningococcal Meningitis A, C, Y, W – 135 (Menveo, Menactra): If you had meningitis vaccine before your 16th birthday, a booster is needed to meet the requirement.
 1. **It is Pennsylvania State Law that all students living in residential halls are required to have meningococcal meningitis vaccine after the age of 16.**
 2. It is highly recommended commuter students have the vaccination as well.

3. You may waive meningococcal meningitis vaccine for medical or religious reasons. If this is the case, you must contact Health Services (570) 945-8255 to complete the state required documentation.
 4. Please be advised that in the event of an outbreak of an illness preventable by vaccination, students that do not have proof of vaccination status will not attend class, participate in school sponsored activities or reside in residence halls while risks are present.
- Tuberculosis Screening (TB): All students are required to complete the questionnaire to determine risk potential. All education majors will need documentation of a negative TB test, please contact Health Services at (570) 945-8255 to schedule an appointment to have your test done if you have not already done so. Health Services charges \$10 for this service.
 - Students with medical contraindications to any of the required vaccines should submit a letter written and signed by their physician.

****IMPORTANT!** Just completing this form is not enough, we need the document to back it up, so after you are done entering the dates; you are going to post this document to the portal. The easiest way to do this is by taking a photograph of it with your cell phone or IPAD. You can log in to the portal via your cell phone or IPAD and post the documents by clicking 'document upload' and choosing the option 'Immunizations.' Post the document. It's very similar to how you post to Facebook or Instagram.

Physical Examination:

Health Services requires all student athletes and international students to have a physical completed within one year of your first day on campus here at Keystone College. The physical form can be found on the Health Services page at keystone.edu

Health Insurance:

It is recommended that all students have health insurance although it is not required unless you are a student athlete or international student. Uninsured students can find resources on the marketplace at www.healthinsurance.gov or www.ehealthinsurance.gov.

Student Health Portal Instructions: You will have access to the Student Health Portal the *day after* you have received your student ID number.

Now that you know everything that is required, here's a step by step list of instructions on how to submit the required information:

- The student health portal can be accessed in three different areas. There is a link on the CURRENT STUDENTS page, on my KC under the Health Services tab and it can also be located on the Health Services webpage. Clicking the link brings you to a login screen. You log into the portal using the same username and password for your email and myKC.
- When you enter portal, you will see a link that says “Click HERE to complete forms.” Clicking this link provides you the list of forms to complete. All forms must be completed. All NEW students will see:
- **Health Services Authorization for Treatment and Notice of Privacy Practice:** If you stop by health services for a cough drop or a band-aid; maybe your throat hurts or you fell down the steps and hurt your foot, this form gives us permission to care for you. The second part is our privacy policy. Health Services maintains strict student confidentiality in compliance with current HIPPA and FERPA laws. Completing this portion states you understand these practices and how they relate to you. Type the required information and click ‘submit.’ This form is required if you need to be seen at Health Services.
- **Health History and Immunization Record: REQUIRED**

Document Upload:

Physical Exam: You will post the copy of your physical exam the same way as the immunizations by clicking ‘document upload’ and choosing ‘Physical Exam.’

Health Insurance Cards: We do not require this, but it is helpful to post your health insurance cards in case of an emergency. Health Services does not charge for visits, but at times, we may send blood or urine to a lab or if you need an x-ray because you hurt your leg on that fall down the steps. Posting it makes it part of your medical record and is easy to access.

And don’t forget to upload the copy of your immunizations!

Deadline to submit all forms is August 19, 2016. Please contact Health Services at 570-945-8255 with any questions you may have. We are located on the first floor of Tewksbury Hall and are available Monday through Friday from 8:30 until 4:30. Don’t forget to find us on Facebook, search Keystone College Health Services. We look forward to meeting with you!

Congratulations and thank you for choosing Keystone College!

Sincerely,

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